

Essential 16 Point Dental Health Check

Name:

Date:

Today we checked the following:

1. Patient's assessment of their dental health
2. Problems reported and checked
3. Medical factors affecting dental health
4. Family history possibly affecting dental health
5. Other risks related to dental health
6. Patient's satisfaction with appearance
7. Head and neck check (jaw, biting muscles, glands)
8. Inside mouth check (lips, cheek, roof and floor of mouth, tongue)
9. Health of gums
10. Control of plaque at home
11. Plaque removal by therapist
12. Functionality of mouth (chewing, biting, smiling)
13. Health of teeth
14. Health and stability of restorations
15. Health of bone
16. Health of areas under, between and inside teeth

We found your health to be

Green	Amber	Red
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To maintain/improve your dental health, we recommend:

Homecare:

Interdental cleaning:

Practice visits:

1. Your appointment with the dentist is: intervals
2. Your appointment with the dentist therapist is: intervals
3. Your next appointment is:
4. Membership level:

Healthy - Keep up the good work

Improve - Some action needed

Poor Health - Act now

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